

IQL UK



Specification: IQL Level 3 Award in Paediatric First Aid

Qualification number **603/0865/5**

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About IQL

IQL is a specialist awarding organisation that develops qualifications predominantly to meet the needs of leisure sector and it is the leading provider of swimming pool lifeguarding qualifications in the UK, where thousands of pool lifeguards successfully complete and pass the National Pool Lifeguard Qualification each year.

As a trading subsidiary of The Royal Life Saving Society UK (RLSS UK), the drowning prevention charity, IQL offers a wide variety of qualifications as part of its portfolio including several qualifications regulated by Ofqual (for England) Qualifications Wales and CCEA Regulation (Northern Ireland).

This qualification sits on the Regulated Qualifications Framework (RQF) and appears as

The IQL Level 3 Award in Paediatric First Aid

Qualification overview

This qualification among several first aid and emergency response awards is designed to meet the needs of employers, communities and individuals committed to providing safety and paediatric first aid support for aquatic and non-aquatic (dry) activities and associated environments.

The qualification and learning outcomes are based on best practice agreed by the following bodies:

- Health and Safety Executive
- Resuscitation Council (UK)
- First Aid Awarding Body Forum
- Early Years Foundation Stage (EYFS role related qualification)

This IQL qualification covers a range of knowledge and practical skills in administering paediatric first aid to casualties including children and infants. Learners practice assessing the situation, the casualty and providing appropriate support.

It is also for learners that hold a first aid or lifeguarding qualification that wish to augment or refresh existing skill levels.

The IQL Level 3 Award in Paediatric First Aid has been specifically designed to meet the criteria set by the Department for Education's EYFS Framework and is ideal for:

- Those who have gained a level 2 and/or level 3 childcare qualification and have entered into an early years setting and wish to be included in the staff to child ratios to comply with EYFS requirements.
- Registered childminders and assistants who are required to hold a current and full paediatric first aid certificate in order to comply with the EYFS requirements.

Further information regarding first aid requirements in a childcare setting can be found at (page 22) - www.foundationyears.org.uk/files/2017/03/EYFS_STATUTORY_FRAMEWORK_2017.pdf

This qualification specification is designed to provide guidance to Approved Training Centres (ATCs) employers and candidates about the delivery, assessment and quality assurance of IQL Level 3 Award in Paediatric First Aid
QAN: 603/0865/5

Objective

The objective of this qualification is to provide learners with the knowledge, skills and confidence thus equipping them to deal with a child or infant who needs first aid (specific to the needs of children).

Purpose

The purpose of this qualification is to give candidates the opportunity to develop the knowledge and skills required to provide First Aid to a child or infant.

Proposed Candidates

This qualification is for learners aged 16+ who have a specific responsibility at work, or in a voluntary capacity to provide paediatric first aid.

Structure

This is a 2-unit, 2-credit qualification course delivered over two or more days; during which the mandatory units must be completed and passed to achieve this award and receive a certificate of competence. Full details of the unit/s and assessment criteria are detailed in appendix 1.

Unit 1 - Emergency Paediatric First Aid	Y/615/3741
Unit 2 - Managing Paediatric Illness, Injuries and Emergencies	Y/615/3819

Learners must be assessed as competent in all assessment elements within the registration period to achieve the qualification. The maximum period to achieve this qualification, including any reassessments is no more than 7 weeks.

The total qualification time (TQT) for this qualification is 15 hours. This is made up of 12 guided learning hours (GLH) (excluding breaks) for the delivery and assessment of the qualification and 3 hours for candidate self-study (independent learning) for consolidation and preparation for assessments.

Recognition of Prior Learning (RPL)

Recognition of prior learning (RPL) is a process of recognising a candidate's previous achievement towards part of a qualification. It is the responsibility of Approved Training Centre/Provider (ATC/P) to review whether evidence submitted is sufficient to demonstrate the candidate has met the assessment requirements for all/part of the current qualification. It is the candidate's responsibility to demonstrate through knowledge, understanding or skills they have met the necessary criteria.

It is a requirement that RPL must be valid and current, reliable, authentic and sufficient.

RPL is provided as evidence against achievement of part of a qualification and not for an entire qualification which would be classed as an exemption. RPL is normally used where a candidate is required to gain a qualification for a specific purpose.

Relationship with other IQL qualifications

The IQL Level 3 Award in Paediatric First Aid can be transferred to other related qualifications under Recognition of Prior Learning (RPL) providing it is successfully completed and passed within its registration period. Details can be found in the Trainer Instructor resource area at RLSS Direct.

Candidates may wish to continue their learning by undertaking the following:

- IQL Level 3 Award in First Aid at Work
- IQL Level 2 Award in Automated External Defibrillator – AED
- IQL Level 2 Award in Basic Life Support and the Management of Anaphylaxis
- IQL Level 2 Award in Pool Lifeguarding, Intervention, Supervision and Rescue

Further guidance as to RPL can be found in the 'Recognition of Prior Learning' Policy at on the resource area at RLSS Direct.

Entry Requirements and identification

2.1 Candidate Requirements

Candidates must meet the following criteria:

- Must be 16 years of age at the date of assessment
- Must complete minimum guided learning hours
- Be assessed against all learning outcomes in the units taken

2.2 Identification

All candidates registering for training and assessment courses must provide suitable identification to the Trainer and Assessor who must check and record details of identification prior to candidates being admitted to courses and assessments.

Identification can be verified using the following:

- A passport
- A driving licence
- Other photographic ID card

Where the candidate does not have access to any of the above forms of identification an Approved Training Centre/Provider (ATC/P) may accept another form of identification containing a signature such as a debit or credit card or proof of identification provided/confirmed by their current employer or line manager.

Other course requirements

Learners should wear appropriate and comfortable clothing such as trousers and flat shoes, there is a requirement to participate in practical learning and skills application activities.

Duration and Re-qualification

This qualification is valid for a period of 3 years. The candidates should re-take this qualification prior to the certificate expiry date to remain qualified. Although not compulsory, it is recommended that learners refresh their knowledge annually.

Delivery and support

To ensure the best support is provided to candidates, the maximum number attending a course is limited to 12 per Trainer.

Detailed lesson plans and other guidance materials are provided to Trainer Assessors (TAs) to deliver qualification courses of a high-quality standard to enable candidates to be adequately prepared prior to assessment activities. Approved Training Centre/Providers (ATC/Ps) must provide each candidate with suitable/approved reference materials that support the development of subject knowledge that meets the requirements of the course objectives.

Candidates are encouraged to participate fully throughout the course and TAs will give feedback on individual progress and identify where further practice or refinement of skills will lead to improvement.

Assessment

The IQL Level 3 Award in Paediatric First Aid qualification contains knowledge and skills that must be taught and assessed in accordance with IQL guidance that draws on current first aid practice in the UK, to this end IQL qualifications development staff are members of the First Aid Qualifications AO Forum and attend Resuscitation Council updates.

The assessment methods used for this qualification are practical assessment and multiple-choice questions. All learner assessment results and feedback will be recorded on assessment paperwork.

Although this qualification has a pass/ fail criteria, the threshold within this may change where necessary to maintain standards.

Qualification content and assessment criteria is detailed in Appendix 1.

Quality Assurance

Delivery of this qualification is through Approved Training Centres/Providers (ATC/Ps) who employ or engage qualified Trainers and Assessors (TAs). Both the ATC/Ps and TAs are subject to rigorous quality assurance checks to ensure they operate to the required standard so that candidates get a specified level of support and so that assessment activities are valid, reliable and sufficient evidence of performance is produced, whilst candidates are given the best opportunity to demonstrate skills, knowledge and understanding in order to be accurately assessed against the criteria for a specific unit/s that make up the qualification.

Trainer Assessor requirements are detailed in Appendix 2

ATC/Ps are required to have appropriate policies, procedures and systems in place to enable them to operate professionally. They are also required to use suitable and adequate venues, learning resources and equipment.

All ATC/P staff must be appropriately qualified for the role they are performing within the centre and maintain CPD to ensure their skills and knowledge are up to date.

Internal Quality Assurance checks will be completed by the ATC/P for the delivery and the assessment of the qualification. These checks are supplemented by External Quality Assurance checks undertaken by IQL.

If the candidate should have any concerns related to the delivery of this qualification they should be directed to the appropriate complaints guidance that can be found in the resource area at RLSS Direct or contact IQL Compliance team on 0300 3230 096.

ATC/P Administration

The Approved Training Centre/Provider (ATC/P) is responsible for the registration of candidates; the Approved Training Centre/Provider (ATC/P) must adhere to IQL requirements and follow the guidance appropriate to each qualification, including maintaining accurate records of candidates' identity, attendance, age on day of assessment (date of birth), email address and contact details. The outcomes of assessment activities must be recorded on the appropriate documentation and signed off by the assessor and the candidate as a true record of the outcome of an assessment.

The ATC/P has responsibility for accurately compiling and sending candidate details to IQL along with a record of the assessment/s outcome and other appropriate details such as venue etc. together with the assessment decision for unit/s and the qualification as a whole so that the candidate can be issued with a certificate in respect of the qualification (recorded as a pass, or as a fail where the assessment criteria has not been met). Learners can be re-assessed for the elements or unit/s as required within the allowed timeframe/registration period of 7 weeks. In the majority of cases additional study and/or training and practice of skills may be required to become competent and ready to be re-assessed; TAs generally provide developmental feedback to learners and guidance on how progress may be made and explaining the support available from the ATC/P or locally.

The ATC/P is responsible for providing the training equipment that is required for the delivery and assessment of the qualification, namely:

- Training AED / defibrillator (1 per 4 candidates)
- Resuscitation manikins (1 per 4 candidates)
- Manikin wipes
- Disposable gloves
- First aid kit including dressings
- Suitable IT equipment for presentation purposes

Appeals, complaints, reasonable adjustments and special considerations

Candidates can appeal an assessment decision if they believe it was unfair or if they believe actions of the TA led to them being disadvantaged in some way or if they have concerns that the assessment criteria were not adhered to.

Full details of how to appeal an assessment decision, make a complaint or an application for a reasonable adjustment or special consideration is to meet a specific individual need can be downloaded from the resource area at RLSS Direct. IQL maintain policies and provide guidance that is available to candidates, TAs and ATC/Ps.

Recommended training materials

- RLSS UK Paediatric First Aid candidate manual

Useful websites

- www.rlss.org.uk
- www.resus.org.uk
- www.hse.gov.uk/firstaid
- www.foundationyears.org.uk

Appendix 1 Qualification content and assessment criteria

IQL Level 3 Award in Paediatric First Aid

Unit title	Emergency Paediatric First Aid Y/615/3741
Unit level	3
GLH	6 (non GLH 1) 1 Credit

	Learning outcomes		Assessment criteria	Assessment method
1	Understand the role and responsibilities of the paediatric first aider	1.1	Identify the role and responsibilities of a paediatric first aider	Theory Assessment
		1.2	Identify how to minimise the risk of infection to self and others	Theory Assessment
		1.3	Differentiate between an infant and a child for the purposes of first aid treatment	Theory Assessment
2	Be able to assess an emergency situation safely	2.1	Conduct a scene survey	Practical Assessment
		2.2	Conduct a primary survey on an infant and a child	Practical Assessment
		2.3	Summon appropriate assistance when necessary	Practical Assessment
3	Be able to provide first aid for an infant and a child who are unresponsive	3.1	Identify when to administer Cardiopulmonary Resuscitation (CPR) to an infant and a child	Theory Assessment
		3.2	Demonstrate CPR using an infant and a child manikin	Practical Assessment
		3.3	Justify when to place an infant or a child into the recovery position	Theory Assessment
		3.4	Demonstrate how to place an infant and a child into the recovery position	Practical Assessment
		3.5	Demonstrate continual monitoring of breathing for an infant and a child whilst they are in the recovery position	Practical Assessment
		3.6	Identify how to administer first aid to an infant or a child who is experiencing a seizure	Theory Assessment
4	Be able to provide first aid for an infant and a child who are choking	4.1	Identify when choking is:	Theory Assessment
			<ul style="list-style-type: none"> • Mild 	Theory Assessment
		4.2	<ul style="list-style-type: none"> • Severe 	Theory Assessment
		4.2	Demonstrate how to administer first aid to an infant and a child who is choking	Practical Assessment
5	Be able to provide first aid to an infant and a child with external bleeding	5.1	Identify the severity of external bleeding for an infant and a child	Theory Assessment
		5.2	Demonstrate how to administer first aid to an infant or a child with external bleeding	Practical Assessment
6	Know how to provide first aid to an infant or a child who is suffering from shock	6.1	Recognise when an infant or a child is suffering from shock	Theory Assessment
		6.2	Identify how to administer first aid to an infant or a child who is suffering from shock	Practical Assessment
7	Know how to provide first aid to an infant or a child with bites, stings and minor injuries	7.1	Identify how to administer first aid for:	Theory Assessment
			<ul style="list-style-type: none"> • Bites 	Theory Assessment
			<ul style="list-style-type: none"> • Stings 	Theory Assessment
			<ul style="list-style-type: none"> • Small cuts 	Theory Assessment

		<ul style="list-style-type: none"> • Grazes 	Theory Assessment
		<ul style="list-style-type: none"> • Bumps and bruises 	Theory Assessment
		<ul style="list-style-type: none"> • Small splinters 	Theory Assessment
		<ul style="list-style-type: none"> • Nose bleeds 	Theory Assessment

Additional information	<p>Role and Responsibilities: may include reference to: preventing cross infection; the need for recording incidents and actions; safe use of available equipment; assessing an incident; summoning assistance; prioritising treatment; dealing with post incident stress; contents of a paediatric first aid box</p> <p>Others may include: infant or child receiving first aid; work colleagues; parents; carers; other people within the infant or child’s environment</p> <p>Infant and a child: the learner must apply their skills or knowledge to both infant (baby) and child first aid situations</p> <p>Infant or a child: the learner may apply their skills or knowledge to either an infant (baby) or a child first aid situation because the recognition/treatment would be the same</p> <p>When necessary: learners should be able to evaluate a situation to determine when to summon further assistance and what type of assistance to request</p> <p>When to administer Cardio Pulmonary Resuscitation: must include agonal gasps</p> <p>CPR: must demonstrate correct placement of AED pads on a child manikin and identify where to place AED pads on an infant manikin. The learner must also demonstrate ‘following AED instructions’</p> <p>Recovery Position: a position that maintains a stable open draining airway</p> <p>Administer first aid: provide appropriate help for an infant (baby) or a child, manage the situation and seek appropriate assistance when necessary</p> <p>Seizure: relates to a generalised seizure. <i>First aiders should be suspicious of cardiac arrest in any casualty presenting with seizure</i></p> <p>Shock: hypovolaemic shock (resulting from blood loss)</p> <p>Bites: human and animal bites</p> <p>Stings: bee and wasp stings</p>
Simulation	Simulation is permitted in this unit. The following ACs must be assessed by practical demonstration: 2.1, 2.2, 3.2, 3.4, 3.5, 4.2, 5.2

Unit title	Managing Paediatric Illness, Injuries and Emergencies Y/615/3819
Unit level	3
GLH	6 (Non GLH 2) 1 Credit

	Learning outcomes		Assessment criteria	Assessment method
1	Be able to provide first aid to an infant or a child with suspected injuries, muscles and joints	1.1	Recognise a suspected:	
			• Fracture or dislocation	Theory Assessment
			• Sprain or strain	Theory Assessment
		1.2	Identify how to administer first aid for an infant or a child with a suspected:	
			• Fracture or dislocation	Practical Assessment
			• Sprain or strain	Theory Assessment
		1.3	Demonstrate how to apply:	
			• A support sling	Practical Assessment
			• An elevated sling	Practical Assessment
2	Be able to provide first aid to an infant or a child with suspected head and spinal injuries	2.1	Recognise a suspected:	
			• Head injury	Theory Assessment
			• Spinal injury	Theory Assessment
		2.2	Identify how to administer first aid for an infant or a child with a suspected head injury	Practical Assessment
		2.3	Demonstrate how to administer first aid for an infant or a child with a suspected spinal injury	Practical Assessment
3	Know how to provide first aid to an infant or a child with conditions affecting the eyes, ears and nose	3.1	Identify how to administer first aid for an infant or a child with a foreign body in the:	
			• Eye	Theory Assessment
			• Ear	Theory Assessment
		3.2	• Nose	Theory Assessment
			Identify how to administer first aid for an infant or a child with an eye injury	Theory Assessment
4	Know how to provide first aid to an infant or a child with an acute medical condition or sudden illness	4.1	Recognise suspected:	
			• Diabetic emergency	Theory Assessment
			• Asthma attack	Theory Assessment
			• Allergic reaction	Theory Assessment
			• Meningitis	Theory Assessment
		• Febrile convulsions	Theory Assessment	
		4.2	Identify how to administer first aid for an infant or a child who is suspected to be suffering from:	
			• Diabetic emergency	Theory Assessment
			• Asthma attack	Theory Assessment
			• Allergic reaction	Theory Assessment

			<ul style="list-style-type: none"> • Meningitis 	Theory Assessment
			<ul style="list-style-type: none"> • Febrile convulsions 	Theory Assessment
5	Know how to provide first aid to an infant or a child who is experiencing extremes of body temperature	5.1	Recognise when an infant or a child is suffering from:	
			<ul style="list-style-type: none"> • extreme cold 	Theory Assessment
		<ul style="list-style-type: none"> • extreme heat 	Theory Assessment	
		5.2	Identify how to administer first aid for an infant or a child who is suffering from:	
<ul style="list-style-type: none"> • extreme cold 	Theory Assessment			
			<ul style="list-style-type: none"> • extreme heat 	Theory Assessment
6	Know how to provide first aid to an infant or a child who has sustained an electric shock	6.1	Identify how to safely manage an incident involving electricity	Theory Assessment
		6.2	Identify how to administer first aid for an infant or a child who has suffered an electric shock	Theory Assessment
7	Know how to provide first aid to an infant or a child with burns and scalds	7.1	Identify how to recognise the severity of burns and scalds	Theory Assessment
		7.2	Identify how to administer first aid for an infant or a child with burns and scalds	Theory Assessment
8	Know how to provide first aid to an infant or a child with suspected poisoning	8.1	Identify how poisonous substances can enter the body	Theory Assessment
		8.2	Identify how to administer first aid for an infant or a child with suspected sudden poisoning	Theory Assessment
9	Be able to provide first aid to an infant or a child with anaphylaxis	9.1	Recognise suspected anaphylaxis in an infant or a child	Theory Assessment
		9.2	Identify how to administer first aid for an infant or a child with suspected anaphylaxis	Theory Assessment
		9.3	Demonstrate the use of a 'training device' adrenaline auto-injector	Practical Assessment

Additional information	<p>Infant or a child: the learner may apply their skills or knowledge to either an infant (baby) or a child first aid situation because the treatment would be the same</p> <p>Recognise: to include signs and/or symptoms of the condition and/or where appropriate mechanism of injury</p> <p>Fracture: should include possibility of 'green stick' fracture</p> <p>Administer first aid: Provide appropriate help to a child or infant (baby), manage the situation and seek appropriate assistance when necessary</p> <p>Head injury: includes concussion, compression and skull fracture. The learner is not expected to differentiate between these conditions</p> <p>Foreign body: includes dust/sand/a fly etc. on the eye</p> <p>Diabetic emergency: should focus on the condition of hypoglycaemia</p> <p>Asthma attack: must include assisting a child to use a spacer device and to take their own inhaler</p> <p>Poisonous substances may include: plants; fungi; medication; cleaning products; food; airborne pollutants; drugs; alcohol</p> <p>The use of a 'training device' adrenaline auto-injector: must be demonstrated using a training device and NOT a live auto-injector</p>
Simulation	Simulation is permitted in this unit. The following ACs must be assessed by practical demonstration: 1.3, 2.3, 9.3

Appendix 2 - Trainer Assessor requirements

In order to deliver **IQL Level 3 Award in Paediatric First Aid** must hold:

1.3.1 RLSS UK Trainer Assessor First Aid

And

- RLSS UK Membership

And one of the following:

- IQL Level 2 Award in Pool Lifeguarding, Intervention, Supervision and Rescue (NPLQ)
- IQL Level 3 Award in First Aid