

First Aid International

First Aid at Work

Course Information



The First Aid at Work course is designed to meet the requirement of organisations whose first aid needs assessment as determined that their organisation require full First Aid at Work trained employees. The course content meets the statutory requirements of the Health & Safety (First Aid) Regulations 1981.

This course will provide all the required first aid skills necessary to manage a patient that is not breathing normally, is unconscious, bleeding or is ill or injured prior to the arrival of the emergency services. It also covers other topics such as COSHH, RIDDOR and other first aid health and safety at work information.

For full details of the course content please see overleaf.



Course Specification

INTENDED PARTICIPANT:

Workplace First Aid

MAX STUDENT INSTRUCTOR RATIO:

12 Candidates: 1 Instructor

MAX CLASS SIZE:

24 Candidates (with 2 instructors)

COURSE DURATION:

Initial Training: 18 hours

Retraining time: 12 hours

ASSESSMENT:

Independent knowledge and skills assessment

CERTIFICATE EXPIRY:

3 years from date of completion

First Aid International are approved by the Health and Safety Executive Northern Ireland, Dubai Corporation for Ambulance Services (DCAS), Health Authority Abu Dhabi (HAAD) and the Labour Department - Hong Kong Special Administrative Regional Government.

In this course you will learn the following skills:

INTRODUCTION

- Principles of First Aid
- Emergency Management Procedure
- Care Cycle™

SCENE SAFETY

- Scene Survey

BASIC LIFE SUPPORT

- Patient Survey
- Patient Unresponsive and Breathing Normally (Recovery Position)
- Unresponsive Non Breathing Patient (CPR Adult)
- Automated External Defibrillator (AED)
- Alternative Ventilation Procedures
- Chain of Survival
- Choking

LIFE THREATENING CONDITIONS

- Control of Bleeding
- Shock Management

SECONDARY SURVEY

- Patient Survey: Patient Responsive
- Patient Survey: Unresponsive Breathing Patient Physical Assessment (Top to Toe Survey)

BREATHING PROBLEMS

- Asthma
- Chest Injuries

CIRCULATORY PROBLEMS

- Angina
- Heart Attack
- Stroke
- Fainting

ENVIRONMENTAL PROBLEMS

- Electrical and Chemical Injuries
- Burns and Scalds
- Hypothermia
- Frostbite
- Heat Exhaustion and Heat Stroke

NERVOUS SYSTEM PROBLEMS

- Epilepsy and Seizures
- Head Injuries
- Spinal Injuries

OTHER MEDICAL PROBLEMS

- Allergies
- Anaphylaxis
- Diabetic Emergencies
- Poisoning

OTHER INJURIES

- Eye Injuries
- Fractures
- Dislocation
- Sprains and Strains
- Minor Injuries

FIRST AID HEALTH AND SAFETY

- First Aid Kit
- Risk Assessment Of First Aid Needs Checklist
- Health & Safety Legislation
- Accident Recording
- Patient Report Form (PRF)

LEARNING STYLE:

Each section of the book will guide you step by step through each of the essential skills required to be a competent first aider. Through the process of seeing hearing and doing you will learn how to provide first aid in an emergency both safely and effectively. As you complete each skill you will develop the skills, knowledge, techniques and confidence to respond in an emergency.

INTRODUCTION:

Your instructor is a fully certified First Aid International instructor who is current with the procedures and knowledge required to ensure you have the best possible learning experience. Each Instructor is registered with First Aid International and renews their status annually to ensure that only current and competent instructors deliver your training and assessment.

CERTIFICATION:

Certificates are issued by First Aid International using our Centre Management Information System (CMIS). CMIS provides a quick efficient service to all our clients.

